

## **Frequently Asked Questions (FAQ)**

### **Why Me?**

This is a routine part of your insurance application process.

### **How Much Will it Cost?**

- The work performed will be no cost to you.
- Your insurance company will pay all costs.

### **What Should I Bring?**

- Driver's license
- Physician's name, address and telephone number
- List of all medications
- Family medical history



**What You Need to Know About  
Your Life Insurance Medical  
Exam**

## What, When and Where

Our office will contact you to schedule an appointment at your earliest convenience. This meeting will take place in our office. When we contact you, we can answer any questions you have.

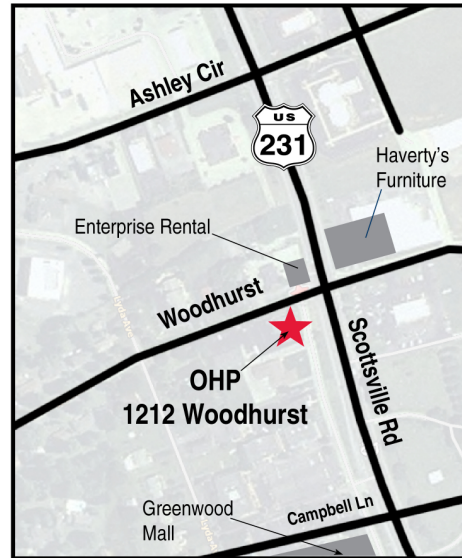
## Your exam may include any or all of the following:

**\*Paramedical report** (20 minutes): Includes a two page questionnaire asking for complete medical history and vital signs. Be prepared to answer questions regarding your family's medical history.

**\*Blood Profile** (10 minutes): Blood will be drawn from your arm as required by the insurance company. A urine specimen is also collected. Only sterile, disposable needles and supplies will be used. These labs will be sent to the testing facility designated by your insurance company. We never learn of any test results.

**\*Electrocardiogram** (20 minutes): Also known as an EKG or ECG. This is a painless process that requires electrodes to be placed on the bare skin of your chest, arms and legs. You will need to lie flat in a relaxed position.

OHP Bowling Green Office  
Located at 1212 Woodhurst



## To help save time and obtain accurate results, please note these suggestions:

- Please drink a glass of water one hour prior to appointment to aid in providing a urine specimen.
- If blood work is required, please do not eat or drink anything for at least 6 hours prior to your appointment. (water and black coffee are fine)
- Wear clothing that is short sleeved or sleeves that can be easily rolled up.
- Avoid alcoholic beverages and nasal decongestants for 24 hours.



Occupational Health Professionals

PH 270.781.6477 FAX 270.781.6479

[www.OccHealthPros.com](http://www.OccHealthPros.com)

**Privacy, Professionalism  
Promptness...our Priority!**